CAREERS: PSYCHOLOGY

The University of Maryland Psychology graduates have been successful in many different fields post-graduation, including human services, government, nonprofit, research, and more. Using information from the annual University of Maryland graduation survey, we have compiled details about PSYC majors, such as their post-graduation adventures.

Review additional resources at the University Career Center @ BSOS Your Career webpage.

TITLES/INDUSTRY OF RECENT ALUMNI (Sample)

Explore more career paths of PSYC majors with LinkedIn’s Career Insights tool.
Note: Must have a LinkedIn account to access.

Education/Advising

Job Titles:
- Academic Advisor
- Admissions Counselor
- Camp Counselor/Coordinator
- Consultant
- Elementary School Manager
- Head Aftercare Teacher
- In Home Autism Instructor
- Intensive Early Intervention
- Interpreted Aide
- Lead Preschool Teacher
- Middle School Program Coordinator
- Operations Coordinator
- Para Educator
- Post-baccalaureate Teaching Assistant
- Preschool Teacher
- Program Excellence Associate
- Teaching Assistant
- Youth Development Specialist

Organizations:
- 2U, Inc.
- BFits Thailand
- Center For Young Children
- Crisis Text Line
- For Love of Children
- Identity, Inc.
- Ivymount Corporation
- Montgomery County Public Schools
- SAR Academy
- Teach for America
- The George Washington University
- The Goddard School
- Trellis Services
- University of Denver
- University of Maryland College Park
- Uplift Education
- Vanguard Children's Academy

Entry tips:
Important qualities/skills generally include: communication, organizational, and creativity skills.

Apply for experiences working with youth while in school to demonstrate and test your interest.

Public school teachers at the K–12 level must be certified by the state in which they teach.

Want to work on a college campus? Explore the field of student affairs.

For detailed tips, visit Vault’s Guide to Education.

Healthcare

Job Titles:
- Dental Assistant
- Drug Safety Associate
- EMT
- Home Health Aide
- Lab Manager
- Laboratory Technician
- Medical and Research Assistant
- Medical Scribe
- Mental Health Associate/Technician
- Orthopedic Receptionist
- Pharmacy Technician
- Protege Intern of Recovery and Care
- Public Health Analyst Trainee

Organizations:
- Capital Digestive Care
- Children’s National Health System
- Erickson Living
- Johns Hopkins Hospital
- Maryland Pain and Spine Center
- National Community Church
- ScribeAmerica
- Technical Resources International, Inc.
- Transitions Healthcare LLC
- University of Maryland Medical Center
- Washington Orthopedics and Sports Medicine

Entry tips:
Important qualities/skills generally include: analytical, communication, detail oriented, interpersonal and organizational skills.

Explore positions in…
- Psychology vs. Psychiatry: Do You Know the Difference?
- Medical & Health Services
- Healthcare Occupations

An advanced degree is required for many positions in the medical field.
### Business/Management/Marketing

**Job Titles:**
- Account Executive/Management Analyst
- Associate District Manager
- Brand Associate
- Business Analyst
- Campus Project Specialist
- CASE Fundraising Intern
- Client Service Analyst
- Consultant
- District Manager
- Junior Negotiator
- Legal Assistant
- Loan Officer Assistant
- Management Consulting Analyst
- Marketplace Integrity Agent
- Mathematical Statistician
- Paralegal
- Production Assistant
- Quality Assurance Specialist
- Residential Real Estate Agent
- Sales Associate
- Securities Analyst
- SEO Specialist
- Store Management Executive
- Strategic Operations Analyst
- Travel Specialist

**Organizations:**
- Accenture
- Aflac
- American Airlines
- APS
- Atlantic Coast Mortgage
- BEYOND20
- Bloomingdales
- BluShark Digital
- Colorado College
- Fiverr
- Gartner
- GEICO
- Hungry Harvest
- IBM
- Korn Ferry
- Mayer Brown LLP
- Morgan Stanley
- Next Step Realty
- Sotheby's
- The Advisory Board
- Unispace
- WeddingWire
- Wells Fargo

**Entry tips:**
*Important qualities/skills generally include:* analytical, communication, creativity, decision making, interpersonal, and organizational skills.

For detailed tips, visit Vault’s Guide on…
- Business Administration Jobs
- Consulting
- Real Estate
- Consulting Jobs

*Apply for internships.* Employers recruit full-time employees from their internship programs.

Consider applying for post-grad management or rotational programs to gain experience and build relationships.

Identify what skills the industry seeks and prepare talking points from your experiences to explain why you are a great fit.

### Human Services/Therapy

Review a sample of the [subfields that psychology majors](#) pursue.

**Job Titles:**
- ABA Therapist/Instructor
- Associate Behavioral Therapist
- Behavior Therapist
- Behavioral Health Technician
- Behavioral Technician
- Community Psychiatric Supportive Therapist
- Intake Coordinator
- Program Aide
- Program Manager
- Registered Behavior Therapist
- Rehab/Recovery Counselor
- Rehabilitation Counselor
- RISE Intern
- Senior Neuropsychology Intern
- Supported Employment Specialist
- Treatment Coordinator
- Therapeutic Mentor

**Organizations:**
- Advanced Behavioral Health
- Alvord, Baker & Associates, LLC
- Behavior Basic
- Cornerstone Montgomery
- Eliada Homes
- Epic Health Services, Inc.
- Ivymount Corporation
- Kennedy Krieger Institute
- Kentlands Psychotherapy
- Little Leaves Behavioral Services
- Signature Health
- TMS Neuro Solutions, LLC

**Entry tips:**
*Important qualities/skills generally include:* creativity, communication, and attention to detail skills, as well as being flexible and patience.

Gain experience through internships/volunteering working with the population of interest.

ABA therapy is the best researched treatment for individuals with autism. Students can enter this field while in-school. ([Example opportunity](#))

Learn more about the field of [Human Services](#).
**Human Resources/IO**

**Job Titles:**
- Corporate Recruiter
- Engagement Associate
- Human Resource Generalist/Analyst
- Human Resources Analyst
- Human Resources Coordinator
- Job Placement Specialist
- Leadership Consultant
- National Recruitment Coordinator
- Recruiter
- Recruiter, Accounting and Finance
- Recruitment Consultant- Microsoft Cloud Technologies
- Staffing Coordinator
- Technical Analyst/Recruiter

**Organizations:**
- AIG
- Alliant Staffing
- Frank Recruitment Group
- HireStrategy
- Macy’s
- University of Maryland
- Wallace Montgomery & Associates
- YRCI

**Entry tips:**
*Important qualities/skills generally include:* Communication, decision making, interpersonal, data analysis skills, as well as being detail oriented.

For detailed tips, visit Vault’s Guide on Human Resources Jobs.

Positions in Industrial-Organizational Psychology require an advanced degree. Read more about the path options.

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**Research**

**Job Titles:**
- Clinical Research Assistant
- Clinical Study Coordinator
- Environmental Justice Researcher
- Faculty Research Assistant/Staff
- Intramural Research Training Award (Research Assistant Fellow) IRTA
- Lab Manager
- MRI Participant Navigator
- Post-baccalaureate Research
- Research and Recruitment Coordinator
- Research Assistant
- Research Coordinator/Project Manager (Faculty Assistant)
- Research Project Assistant
- Summer Post-Bac, Research

**Organizations:**
- Behaviors and Experiences
- Child Mind Institute
- Child Trends
- Emory University, Rollins School of Public Health
- Friends Research Institute
- Georgetown University Medical Center
- Johns Hopkins Bayview Medical Center
- Laboratory of Behavioral and Genomic Neuroscience (NIAAA)
- McLean Hospital
- National Institutes of Health
- Neurocognitive Development Lab
- Northwell Health
- UMARC
- UMD Identity Management Lab
- University of Maryland

**Entry tips:**

Start building relationships and gaining experience as a student with faculty on campus.

Best search strategy: Networking. Examine who is conducting the type of research you are interested in pursuing and reach out to them. Share that you are a student/recent grad and that you think you can help them in their pursuits because of your (insert skills).

A very popular post bac research program with UMD students is with NIH Postbac Program.

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"Psychology is 90% or more of my current position. I tell my direct reports almost weekly that we need to find the “root cause” to the problem so that we can grow from it and the only way to get to the root cause is by asking the right questions (from my Helping Skills course)."

- Brandon Bowers ’12; Psychology, Director of Human Resources, Macy's Inc.
EXPLORE CAREER PATHS: RESOURCES

Use the sample job titles (mentioned above) to start exploring career paths. The links below provide search boxes for you to locate more information on the titles as well as search for other options.

- [Occupational Outlook Handbook](#), a career title dictionary
- [O*NET Online](#), the nation's primary source of occupational information
- [FOCUS2](#), explore career paths using self-assessment questionnaires
- [Terrapins Connect](#), talk with professionals working in the field through UMD’s alumni network

**Vault Guides** - browse 100’s of industry guides to gain inside tips *(see examples below)*.

Explore career path options with these resources:

- [Federal positions by major](#), research career titles with the federal government related to your major
- [Careers in Psychology](#), APA
- [Careers in Psych](#), Psychology Today
- [Encyclopedia of Psychology](#), provides information on career paths, job boards, and graduate school
- [Interesting careers in psychological science](#), APA, career options for psychological scientists
- [Non-Academic careers in psychology](#), career options outside of teaching for PhD candidates
- [Psychology careers, overview of options](#)
- [Non-PSYCH jobs that interest psychology majors](#)
- [Social Psychology Network](#), all areas of PSYC

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Develop a Career Plan: [go.umd.edu/BSOSactionplan](#)
The links below will be a helpful starting point in locating opportunities. Identify the type of experience that meets your needs.

**Sample list of opportunities**

- **BSOS Engagement Opportunities** - browse links on out of the classroom experiences
- **Careers4Terps** - check out job and internship openings for off-campus positions for students UMD
- **Help Center Hotline - Counselor**. Train to help people dealing with roommate issues, relationship dilemmas, rape, thoughts of suicide, confusion, and other life issues. Freshman and sophomores preferred. For more information please call 301.314.4357 or stop by 3105 South Campus Dining Hall
- **UMD Department of Psychology Blog** - list opportunities
- **UMD National Scholarships Office** - review a listing of opportunities for UMD
- **Federal government internships**, links to openings and application tips
- **Start your search with these tips** - provided by the University Career Center @ BSOS
- **Browse positions** - featured in Careers4Terps for psychology majors

**Research Links**

- **APA Undergraduate Research & Internships opportunities**
- **Clinical Research Internships for Undergraduates** - Dr. Lynn Friedman
- **UMD Research Centers** - potential RA positions
- **Research Opportunities** - advice and links for undergraduate students pursing research experiences
- **PSYC E-News Blog** - lists current research position openings

Did you know?

“Whether or not one has an internship does impact short-term and longer-term career success. Survey takers who completed at least one internship received a job offer more quickly and had a higher first position salary than those who did not.”

-NACE 2018

The President’s Promise ensures that the University of Maryland is chock-full of opportunities outside the classroom to help you identify your passions and gain a competitive edge.

**WHERE ARE PSYC MAJORS INTERNING?**

Internships are a great way to try out an interest, regardless if it is directly related to your major. Employers tend to favor job seekers who have had an internship in the field they are hiring for. Review inspiring internship stories from BSOS students to gain ideas.

**Sample internship sites/title**

- Advocacy Intern, Consumers Union
- Call Specialist, Mental Health Association
- Case Manager Intern, Westchester County Dept. of Community Mental Health
- Clinical Assistant, Kennedy Krieger Institute
- Clinical Experience Intern, KidsPeace
- Family Justice Intern, Montgomery County Family Justice Center
- Forensic Psychology Intern, Court Appointed Special Advocates of Washington, DC
- HR Intern, Human Genome Sciences
- HR Management Intern, Discovery Communications
- HR Project Assistant, The Educational Alliance
- Intern, CoFED
- Intern, Cornerstone
- Intern, Montgomery County State Attorney’s Office
- Intern, National Consortium for the Study of Terrorism and Responses to Terrorism
- Intern, National Institutes of Health
Skills lead to jobs. Which skills do you possess?

- Assess your skills, abilities, interests, and values and explore how they relate to career options.
- Complete this skills inventory to get started.

Sample list of skills developed in class by Psychology majors.
- Communication skills
- Content in psychology
- Critical thinking
- Data analysis
- Interpretation
- Research methods
- Scientific approach to solving problems

What skills are in demand?
Check out these “Must Have” Career Readiness Competencies, according to employers - NACE

Add to your skill set with these courses or videos…
Start researching your career path of interest to identify the educational requirements. The resources below offer a brief overview of some of the more popular graduate degree programs our PSYC undergraduates have been admitted.

**Sample job titles that require an advanced degree:**
- Assessments Specialist
- Assistant Director for Student Services
- Assistant Professor of Psychology
- Career Center Counselor
- Certified Vocational Rehabilitation Consultant
- Clinic Coordinator
- Consumer Insights Planner
- Editorial Assistant
- Faculty Advisor
- Forensic Psychologist
- Industrial/Organizational Psychologist
- Manager- Professional Training & Coaching
- Marriage & Family Therapist
- Psychiatrist
- Psychologist
- Psychology Associate
- Quality Improvement Specialist
- Research Analyst Consultant
- Research Assistant and Interviewer
- Research Data Associate
- School: Counselor, Psychologist or Teacher
- Senior Market Research Analyst
- Vocational Consultant/ Expert Witness

### Graduate School Resources

**Researching programs:**
- Accredited Graduate Programs in Counseling (from CACREP)
- Choosing Between the PsyD and PhD Psychology Graduate Degree
- Non-Academic Careers for PhDs
- Psychology degree specialties
- Types of Psychology Degrees

**Learn about the Licensing process:**
- Types of Counseling Licensure in Maryland & Requirements
- Licensure information by state

**Application tips:**
- UMD Pre-Health Advising, offers guidance related to graduate school
- Questions to consider before applying
- Application timeline: stay on track with your graduate school application
- Tips for completing the application
- Financing ideas for graduate school
- Financial Aid resources for PSYC students

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<tr>
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University Career Center & The President’s Promise

*Reported by University of Maryland undergraduate Psychology graduates. Sample list only.

**CONNECT & GROW YOUR NETWORK**

Meet professionals in your field of interest to learn about the field, establish new networking contacts, and conduct informational interviews.

**Engagement Opportunities (sample)**

- **Connect with alumni** - gain tips on specific career paths using Terrapins Connect to review a listing of alumni who have volunteered to share career information, review resumes, etc.
- **Employer networking events** - attend on-campus events to meet professionals and gain knowledge of openings
- **UMD Event Calendar** - review a listing of career exploration panels and career readiness workshops on-campus
- **Join LinkedIn groups** to meet alumni. Connect with other BSOS alumni in the UMD College of Behavioral and Social Sciences LinkedIn group
- **Tips for using LinkedIn** to make industry specific connections

**Did you know?**

“Studies reveal 85% of all jobs are filled via networking.”

-LinkedIn

Need help starting your career exploration or job search? Schedule a [career consultation appointment](#) with the University Career Center & The President’s Promise. Get started mapping your [career action](#) plan today!

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College of Behavioral and Social Sciences

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