

CAREERS: PSYCHOLOGY

The University of Maryland Psychology graduates have been successful in many different fields post-graduation, including *human services*, *government*, *nonprofit*, *research*, *and more*. Using information from the annual University of Maryland graduation survey, we have compiled details about PSYC majors, such as their post-graduation adventures.

Review additional resources at the **University Career Center @ BSOS** Your Career webpage.

TITLES/INDUSTRY OF RECENT ALUMNI (Sample)

Explore career paths of PSYC majors with LinkedIn's Alumni tool.

Note: Must have a LinkedIn account to access.

Education/Advising

Job Titles:

Academic Advisor Admissions Counselor Camp Counselor/ Coordinator Consultant Elementary School Manager Head Aftercare Teacher In Home Autism Instructor Intensive Early Intervention Interpretive Aide Lead Preschool Teacher Middle School Program Coordinator **Operations Coordinator** Para Educator Post-baccalaureate Teaching Assistant Preschool Teacher Program Excellence Associate **Teaching Assistant**

Youth Development Specialist

Organizations:

2U. Inc. BFits Thailand Center For Young Children Crisis Text Line For Love of Children Identity, Inc. Ivymount Corporation Montgomery County Public Schools SAR Academy Teach for America The George Washington University The Goddard School **Trellis Services** University of Denver University of Maryland College Park **Uplift Education** Vanguard Children's Academy

Entry tips:

Important qualities/skills generally include: communication, organizational, and creativity skills.

Apply for experiences working with youth while in school to demonstrate and test your interest.

Public school teachers at the K–12 level must be certified by the state in which they teach.

Want to work on a college campus? Explore the field of student affairs.

For detailed tips, visit Vault's Guide to Education.

Healthcare

Job Titles:

Dental Assistant
Drug Safety Associate
EMT
Home Health Aide
Lab Manager
Laboratory Technician
Medical and Research Assistant
Medical Scribe
Mental Health Associate/Technician
Orthopedic Receptionist
Pharmacy Technician
Protege Intern of Recovery and Care
Public Health Analyst Trainee

Organizations:

Capital Digestive Care
Children's National Health System
Erickson Living
Johns Hopkins Hospital
Maryland Pain and Spine Center
National Community Church
ScribeAmerica
Technical Resources International, Inc.
Transitions Healthcare LLC
University of Maryland Medical Center
Washington Orthopedics and Sports
Medicine

Entry tips:

Important qualities/skills generally include: analytical, communication, detail oriented, interpersonal and organizational skills.

Explore positions in...

- Psychology vs. Psychiatry: Do You Know the Difference?
- Medical & Health Services
- Healthcare Occupations

An advanced degree is required for many positions in the medical field.

Business/Management/Marketing

Job Titles:

Account Executive/Management Analyst

Associate District Manager

Brand Associate

Business Analyst

Campus Project Specialist

CASE Fundraising Intern

Client Service Analyst

Consultant

District Manager

Junior Negotiator

Legal Assistant

Loan Officer Assistant

Management Consulting Analyst

Marketplace Integrity Agent

Mathematical Statistician

Paralegal

Production Assistant

Quality Assurance Specialist

Residential Real Estate Agent

Sales Associate

Securities Analyst

SEO Specialist

Store Management Executive

Strategic Operations Analyst

Travel Specialist

Organizations:

Accenture

Aflac

American Airlines

APS

Atlantic Coast Mortgage

BEYOND20

Bloomingdales

BluShark Digital

Colorado College

Fiverr

Gartner

GEICO

Hungry Harvest

IBM

Korn Ferry

Mayer Brown LLP

Morgan Stanley

Next Step Realty

Sotheby's

The Advisory Board

Unispace

WeddingWire

Wells Fargo

Entry tips:

Important qualities/skills generally include: analytical, communication, creativity, decision making, interpersonal, and organizational skills.

For detailed tips, visit Vault's Guide on...

- Business Administration Jobs
- Consulting
- Real Estate
- Consulting Jobs

Apply for internships. Employers recruit full-time employees from their internship programs.

Consider applying for post-grad management or rotational programs to gain experience and build relationships.

Identify what skills the industry seeks and prepare talking points from your experiences to explain why you are a great fit.

Human Services/Therapy

Review a sample of the <u>subfields that psychology majors</u> pursue.

Job Titles:

ABA Therapist/Instructor
Associate Behavioral Therapist
Behavior Therapist
Behavioral Health Technician
Behavioral Technician
Community Psychiatric Supportive
Therapist
Intake Coordinator
Program Aide

Program Manager

Registered Behavior Therapist Rehab/Recovery Counselor

Rehabilitation Counselor

RISE Intern

Senior Neuropsychology Intern Supported Employment Specialist

Treatment Coordinator

Therapeutic Mentor

Organizations:

Advanced Behavioral Health

Alvord, Baker & Associates, LLC

Behavior Basic

Cornerstone Montgomery

Eliada Homes

Epic Health Services, Inc.

Ivymount Corporation

Kennedy Krieger Institute

Kentlands Psychotherapy

Little Leaves Behavioral Services

Signature Health

TMS Neuro Solutions, LLC

Entry tips:

Important qualities/skills generally include: creativity, communication, and attention to detail skills, as well as being flexible and patience.

Gain experience through internships/volunteering working with the population of interest.

ABA therapy is the best researched treatment for individuals with autism. Students can enter this field while in-school. (Example opportunity)

Learn more about the field of Human Services.

Human Resources/IO

Job Titles:

Corporate Recruiter **Engagement Associate** Human Resource Generalist/Analyst **Human Resources Analyst Human Resources Coordinator** Job Placement Specialist Leadership Consultant National Recruitment Coordinator Recruiter Recruiter, Accounting and Finance Recruitment Consultant- Microsoft Cloud Technologies Staffing Coordinator Technical Analyst/Recruiter

Organizations:

AIG

Alliant Staffing

Frank Recruitment Group HireStrategy

Macy's

University of Maryland

Wallace Montgomery & Associates

Entry tips:

Important qualities/skills generally include: communication, decision making, interpersonal, data analysis skills, as well as being detail oriented.

For detailed tips, visit Vault's Guide on Human Resources Jobs.

Positions in Industrial-Organizational Psychology require an advanced degree. Read more about the path options.

Research

Job Titles:

Clinical Research Assistant Clinical Study Coordinator Environmental Justice Researcher Faculty Research Assistant/Staff Intramural Research Training Award (Research Assistant Fellow) IRTA Lab Manager MRI Participant Navigator Research and Recruitment Coordinator Research Assistant Research Coordinator/Project Manager (Faculty Assistant) Research Project Assistant Summer Post-Bac, Research

Organizations:

Behaviors and Experiences Child Mind Institute Child Trends Emory University, Rollins School of Public Health Friends Research Institute Georgetown University Medical Center Johns Hopkins Bayview Medical Center Laboratory of Behavioral and Genomic Neuroscience (NIAAA)

McLean Hospital National Institutes of Health Neurocognitive Development Lab Northwell Health UMARC UMD Identity Management Lab

Entry tips:

Start building relationships and gaining experience as a student with faculty on campus.

Best search strategy: Networking. Examine who is conducting the type of research you are interested in pursuing and reach out to them. Share that you are a student/recent grad and that you think you can help them in their pursuits because of your (insert skills).

A very popular postbac research program with UMD students is with NIH Postbac Program.



EXPLORE CAREER PATHS: RESOURCES

Use the sample job titles (mentioned above) to start exploring career paths. The links below provide search boxes for you to locate more information on the titles as well as search for other options.

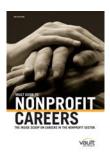
- Occupational Outlook Handbook, a career title dictionary
- O*NET Online, the nation's primary source of occupational information
- <u>FOCUS2</u>, explore career paths using self-assessment questionnaires
- Terrapins Connect, talk with professionals working in the field through UMD's alumni network

Vault Guides - browse 100's of industry guides to gain inside tips (see examples below).













Note- Access Vault through your Careers4Terps account for FREE.

Explore career path options with these resources:

- <u>Careers in Psych</u>, Psychology Today
- Careers in Psychology, APA
- Encyclopedia of Psychology, provides information on career paths, job boards, and graduate school
- Federal positions by major, research career titles with the federal government related to your major
- Forensic Psychology: Is It the Career for Me?, Psychology Today
- Interesting careers in psychological science, APA, career options for psychological scientists
- Non-Academic careers in psychology, career options outside of teaching for PhD candidates
- Non-PSYCH jobs that interest psychology majors
- Psychology careers, overview of options
- Social Psychology Network, all areas of PSYC



Develop a Career Plan: go.umd.edu/BSOSactionplan



EXPLORE CAREER OPTIONS: GAIN EXPERIENCE

The links below will be a helpful starting point in locating opportunities. <u>Identify the type of experience</u> that meets your needs.

Sample list of opportunities

Campus Dining Hall

- BSOS Engagement Opportunities browse links on out of the classroom experiences
- <u>Careers4Terps</u> check out job and internship openings for off-campus positions for UMD students
- *Help Center Hotline- Counselor*. Train to help people dealing with roommate issues, relationship dilemmas, rape, thoughts of suicide, confusion, and other life issues. Freshman and sophomores preferred. For more information please call 301.314.4357 or stop by 3105 South
- UMD Department of Psychology Blog list opportunities
- UMD National Scholarships Office review a listing of opportunities for UMD
- Federal government internships links to openings and application tips
- Start your search with these tips provided by the University Career Center @ BSOS
- Browse positions featured in Careers4Terps for psychology majors

Research Links

- APA Undergraduate Research & Internships opportunities
- <u>Clinical Research Internships for Undergraduates</u> Dr. Lynn Friedman
- <u>UMD Research Centers</u> potential RA positions
- <u>Research Opportunities</u> advice and links for undergraduate students pursuing research experiences
- PSYC E-News Blog lists current research position openings

Fellowships

- ProFellow search for fellowships in a variety of fields; requires a free account to access
- UMD National Scholarships Office review a listing of opportunities for UMD recent grads & graduate students
- A very popular postbac research program with UMD students is the <u>NIH Postbac Program</u>; many research areas are available

The <u>President's Promise</u> ensures that the University of Maryland is chock-full of opportunities outside the classroom to help you identify your passions and gain a competitive edge.

WHERE ARE PSYC MAJORS INTERNING?

Internships are a great way to try out an interest, regardless if they are directly related to your major. Employers tend to favor job seekers who have had an internship in the field they are hiring for. Review <u>inspiring internship stories</u> from BSOS students to gain ideas.

Sample internship sites/title

- Advocacy Intern, Consumers Union
- Call Specialist, Mental Health Association
- Case Manager Intern, Westchester County Dept. of Community Mental Health
- Clinical Assistant, Kennedy Krieger Institute
- Clinical Experience Intern, KidsPeace
- Family Justice Intern, Montgomery County Family Justice Center
- Forensic Psychology Intern, Court Appointed Special Advocates of Washington, DC
- HR Intern, Human Genome Sciences
- HR Management Intern, Discovery Communications
- HR Project Assistant, The Educational Alliance

Did you know?

"Whether or not one has an internship impacts short-term and longer-term career success. Survey takers who completed at least one internship received a job offer more quickly and had a higher first position salary than those who did not."

-NACE 2018

University Career Center & The President's Promise

- Intern, CoFED
- Intern, Cornerstone
- Intern, Montgomery County State Attorney's Office
- Intern, National Consortium for the Study of Terrorism and Responses to Terrorism
- Intern, National Institutes of Health
- Intern, Superior Court of the District of Columbia
- Investigative Intern, DC Public Defender Service
- Laboratory Technician, United States Army Medical Research Institute of Infectious Diseases
- Media Researcher, Vocus
- MFP Intern, American Psychological Association
- Recruitment Intern, Discovery Communications
- Research Assistant, MD Psychotherapy Clinic & Research Lab
- Research Assistant, University of Maryland Child Development Lab
- Research Intern, Ocean Mammal Institute
- Research Intern, The National Aquarium
- Therapeutic Riding Intern, MD Therapeutic Riding
- Volunteer Clinician, UMD, Child Development Center
- White House Intern, *The White House*
- Wilderness Therapy, Potomac Pathways

Learn about more internship sites!

Click here.

SKILLS DEVELOPED AS A PSYC MAJOR

Skills lead to jobs. Which skills do you possess?

- Assess your skills, abilities, interests, and values and explore how they relate to career options.
- Complete this skills inventory to get started.

Sample <u>list of skills</u> developed in class by Psychology majors.

- Communication skills
- Content in psychology
- Critical thinking
- Data analysis
- Interpretation
- Research methods
- Scientific approach to solving problems

What skills are in demand?

Check out these <u>"Must Have" Career</u> <u>Readiness Competencies</u>, according to employers - NACE

Add to your skill set with these courses or videos...











GRADUATE SCHOOL PROGRAMS PSYC MAJORS ARE PURSUING

Start researching your career path of interest to identify the educational requirements. The resources below offer a brief overview of some of the more popular graduate degree programs our PSYC undergraduates have been attended.

Sample job titles that require an advance degree:

Assessments Specialist

Assistant Director for Student Services

Assistant Professor of Psychology

Career Center Counselor

Certified Vocational Rehabilitation Consultant

Clinic Coordinator

Consumer Insights Planner

Editorial Assistant

Faculty Advisor

Forensic Psychologist

Industrial/Organizational Psychologist

Manager- Professional Training & Coaching

Marriage & Family Therapist

Psychiatrist

Psychologist

Psychology Associate

Quality Improvement Specialist

Research Analyst Consultant

Research Assistant and Interviewer

Research Data Associate

School: Counselor, Psychologist or Teacher

Senior Market Research Analyst

Vocational Consultant/ Expert Witness

Graduate School Resources

Researching programs:

- Accredited Graduate Programs in Counseling (from CACREP)
- Choosing Between the PsyD and PhD Psychology Graduate Degree
- Non-Academic Careers for PhDs
- Psychology degree specialties
- Types of Psychology Degrees

Learn about the Licensing process:

- Types of Counseling Licensure in Maryland & Requirements
- Licensure information by state

Application tips:

- <u>UMD Pre-Health Advising</u>, offers guidance related graduate school
- Questions to consider before applying
- Application timeline: stay on track with your graduate school application
- <u>Tips</u> for completing the application
- Financing ideas for graduate school
- Financial Aid resources for PSYC students

INSTITUTIONS	GRADUATE PROGRAMS
Catholic University of America	Master of Social Work
Columbia University	Master of Social Work
Drexel University	Nursing
Duke University	Physician Assistant
George Washington University	Organizational Science, Medicine, Psychology
Georgetown University	Law
Georgia State University	Clinical Psychology
Howard University	Social Work
John Jay College of Criminal Justice	Forensic Psychology
Johns Hopkins University	In Pathobiology, Education, Engineering, Clinical Mental Health Counseling
Lake Erie College of Osteopathic Medicine	Medicine
Loyola University Maryland	Clinical Psychology, Psychology
New York University	Social Work, Mental Health and Counseling
Robert Morris University	Human Resources Management
Rutgers University	School Counseling

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Teachers College, Columbia University	Socio-Organizational Psychology and Counseling
Temple University	Podiatry
The Commonwealth Medical College	Biomedical Science
Thomas Jefferson University	Occupational Therapy
Towson University	School Psychology
University of Maryland	Psychology, Education, Speech/Language Pathology, Public Health, Public Policy
University of Maryland Francis King Carey School of Law	Law
University of Maryland School of Medicine	Medicine
University of Maryland, Baltimore	In Social Work, Counseling
University of Minnesota	Social Work
University of Missouri	Psychology
University of Pennsylvania	Law
University of Pittsburgh	Counseling
University of Southern California	Public Policy, Social Work
University of the District of Columbia	Counseling
University of Virginia	Medicine

^{*}Reported by University of Maryland undergraduate Psychology graduates. Sample list only.

CONNECT & GROW YOUR NETWORK

Meet professionals in your field of interest to learn about the field, establish new networking contacts, and conduct <u>informational interviews</u>.

Engagement Opportunities (sample)

- <u>Connect with alumni</u> gain tips on specific career paths using **Terrapins Connect** to review a listing of alumni who have volunteered to share career information, review resumes, etc.
- <u>Employer networking events</u> attend on-campus events to meet professionals and gain knowledge of openings
- <u>UMD Event Calendar</u> review a listing of career exploration panels and career readiness workshops on-campus
- <u>Join LinkedIn groups</u> to meet alumni. Connect with other BSOS alumni in the UMD College of Behavioral and Social Sciences LinkedIn group
- Tips for using LinkedIn to make industry specific connections

Did you know?

"Studies reveal 85% of all jobs are filled via networking."

-LinkedIn

Need help starting your career exploration or job search? Schedule a <u>career consultation appointment</u> with the University Career Center & The President's Promise. Get started mapping your <u>career action</u> plan today!



College of Behavioral and Social Sciences

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CAREER the Turtle...because SUCCESS starts here.