Learning Assistance Service (LAS)
2202 Shoemaker Building
301-314-7693
www.counseling.umd.edu/LAS
LAS offers individualized programs in exam skills, spelling, time management, textbook comprehension, listening and notetaking skills, math learning skills, writing/grammar skills, and speed reading. In addition to individual services, LAS offers a variety of 1-credit learning strategy courses, as well as workshops on learning strategies.

Office of Multi-Ethnic Student Education (OMSE)
1101 Hornbake Library, South Wing
www.umd.edu/OMSE
OMSE provides opportunities to enhance academic performance and social and interpersonal relationships, with a focus towards multi-ethnic students. OMSE provides tutoring, review sessions, study groups, computer labs, college success prep programs, a mentoring program, and a number of social and cultural activities for our diverse campus population.

University Libraries
www.lib.umd.edu
There are 7 libraries on campus, with a combined collection of over 2.3 million volumes and approximately 26,000 serial titles, that support educational and research efforts on the College Park campus. The following services are available to campus students needing assistance with library research: electronic interlibrary loan, photocopy services, study rooms, VICTOR, and other online indexes. New library schedules are distributed each semester.

The Writing Center
1205 Tawes Hall
www.english.umd.edu/programs/WritingCenterWebsite
The Writing Center offers trained tutors to help you improve your writing. A tutor will work with you to clarify an assignment, explore ideas and topics, plan and organize your paper, determine strategies for revision, correct grammatical problems, and ease writing anxieties. To help them help you, don’t wait until the last minute to seek help, and bring a description of the assignment. Call ahead for an appointment. In addition to The Writing Center, the Grammar Hotline is available to answer questions about word choice, punctuation, sentence structure, or proper citation (301-405-3787).

Academic Achievement Programs
2110 Marie Mount Hall
301-405-4736
www.aap.umd.edu
Academic Achievement Programs (AAP) are federally funded programs which provide support to first-generation, low-income college students. AAP concentrates its efforts on tutoring, mathematics, English, reading, and college study skills development.

Math Department
1117 Math Building
301-405-5053
www.math.umd.edu/undergrad
The Math Department has free walk-in tutoring for all 100-200 level math courses. Students should check with their instructor or stop by the Undergraduate Math Office to pick up a copy of the semester’s tutoring schedule. Additionally, review sessions are offered by Math Department staff for “hour” exams. Check with your instructor or look for signs posted outside your classroom. Old math exams can be obtained by going to the website listed above.

Disability Support Services (DSS)
301-314-7682 (Voice/TTY)
0106 Shoemaker Building
www.counseling.umd.edu/DSS
Any student at the University of Maryland with documentation meeting the criteria required for validating their disabilities is eligible and encouraged to register for services with DSS by scheduling an intake appointment. Receiving an accommodation or service is based on the nature of your disabilities and documentation. The need for this support is determined during the intake and may include, but is not limited to, testing accommodations, reading accommodations, and deaf and hard of hearing services.
Math Success Program
301-314-MATH
www.resnet.umd.edu/programs/math_success
The Math Success Program is an undergraduate peer math coaching program. Free tutoring in math, specifically focused on MATH003, 113, and 115, is available in the Oakland Hall Academic Enrichment Center. Exact tutoring locations and times can be found at the website above.

Office of Information Technology (OIT)
Computer Science Center
1400 Computer and Space Sciences Building
301-405-1500 (General Information)
301-405-2940 (Peer Training Classes)
www.helpdesk.umd.edu
Workstations at Maryland (WAM) labs are open workstation labs operated by the Computer Science Center. These labs are located in Centerville Hall, Worcester Hall, Computer Science Center, Math Building, Hornbake Library, and Parking Garage 2. Some labs are open 24 hours daily, or as posted during the regular semester.

Counseling Center
Main Lobby Shoemaker Building
301-314-7651
www.counseling.umd.edu/Services/services.htm
Many students encounter a variety of personal, social, career, and academic issues that call for assistance beyond advice provided by friends and family. The Counseling Center provides free and confidential services by professional counselors to all UM students. You may schedule an appointment by phone or in-person, or you may visit during applicable walk-in hours (posted on the website above).

University Health Center
301-314-8180 or 8184
www.health.umd.edu
Appointments are required. Urgent Care services are available without an appointment for evaluation of urgent medical problems. The After-Hours Nurse Line is available when the University is closed and is free for students (301-314-9386). Please have your University ID number ready.

Center for Health & Wellbeing
0121 Campus Recreation Center
301-314-1493
www.health.umd.edu/chwb
Wellness is the process of becoming aware of, and making choices toward, a more balanced, healthy life. (National Wellness Institute) Wellness counseling is available at the Center for Health & Wellbeing by appointment and during walk-in hours. Services available include stress management, communication, conflict resolution, weight management, sleep, study skills, test anxiety, exercise and fitness, concerns about relationships, eating concerns, and more.

Career Center
3100 Hornbake Library
301-314-9114
www.careercenter.umd.edu
For those uncertain about their career direction, the Career Center offers career assessments, career planning and job search courses, and appointments with career professionals. For those ready to begin a job or internship search, they have tools like Careers4Terps for 24-hour access to job listings, on-campus-interviewing, and resume referral. The Career Center can also teach you how to conduct a job search, help you identify more resources for job announcements, critique your resume, and more. In addition, the Center houses a Resource Room and offers an Internship Seminar and Credentials Service.

Helpful Websites for Registration
The following websites have been recommended by students and are often used during registration. These websites are not monitored by the University of Maryland. The University of Maryland and the College of Behavioral and Social Sciences are not responsible for their content or accuracy.
http://www.ourumd.com
http://www.ratemyprofessors.com
http://www.pickaprof.com
Visit http://bsosundergrad.umd.edu/ for additional information.