

Programs & Services

THE PRESIDENT'S PROMISE

The President's Promise offers undergraduates an integrated learning experience to enhance career readiness. Opportunities include living-learning programs, research experiences, public and private sector internships, international experiences, service learning initiatives and leadership experiences.

NETWORKING EVENTS

Connect with alumni and employers during the academic year.

Opportunities include:

- resume and mock interview clinics
- career and employment panels and industry meetups
- job shadowing and informational interviews
- career and internship fairs
- employer networking sessions

INTERN FOR A DAY

Visit host sites for one day internship/shadowing experiences. You may attend meetings, participate in informational interviews with other staff members or work on small projects.

CAREER SHUTTLES

Center-sponsored field trips to employer sites from various industries. Shuttle seats are limited. Students should RSVP early.

CAREER COURSES

PSYC123: The Psychology of Getting Hired • 1-credit (online)
Looks at what's behind the hiring process, applies psychological principles and strategies for landing internships or other jobs.
Freshman/Sophomore standing.

EDCP108i: Academic Transitions to Internships • 1-credit (online)
Engages you in the full experience of searching for an internship.
*For students looking for that **first** internship!*

UNIV099: Internship Seminar • 0-credit
Complements supervised work experiences and assures that experiences are noted on your transcript.

TERRAPINS CONNECT

Connects students with alumni and webinars for career and job search advice. <https://terrapinsconnect.umd.edu>

CENTER STAFF CAN HELP YOU:



Address educational and career decisions



Identify useful resources



Pursue internship, full/part-time opportunities



Tailor resumes and cover letters



Sharpen job search skills and strategies



Plan for graduate and professional school

CAREERS4TERPS



Update your **Careers4Terps** profiles to manage your career. C4T is your gateway to:

- career advising appointments
- internship and job postings with alerts
- event calendar - workshops, panels and employer programs
- interview opportunities with recruiters
- employer information sessions/networking events

Gain access to the following virtual resources:



FOCUS 2
Career testing/self-assessment



Vault
Employer/industry insights, rankings and reviews



InterviewStream
Practice interviewing 24/7/365



GoinGlobal
Work abroad, visas, international student resources

SOCIAL MEDIA

Follow @UMDCareerCenter to access career-related news wherever you are, whenever you're ready.



Receive event updates, daily tips and giveaway opportunities!



Infographics, articles and videos to help with professional dress, interviewing and the world of work.